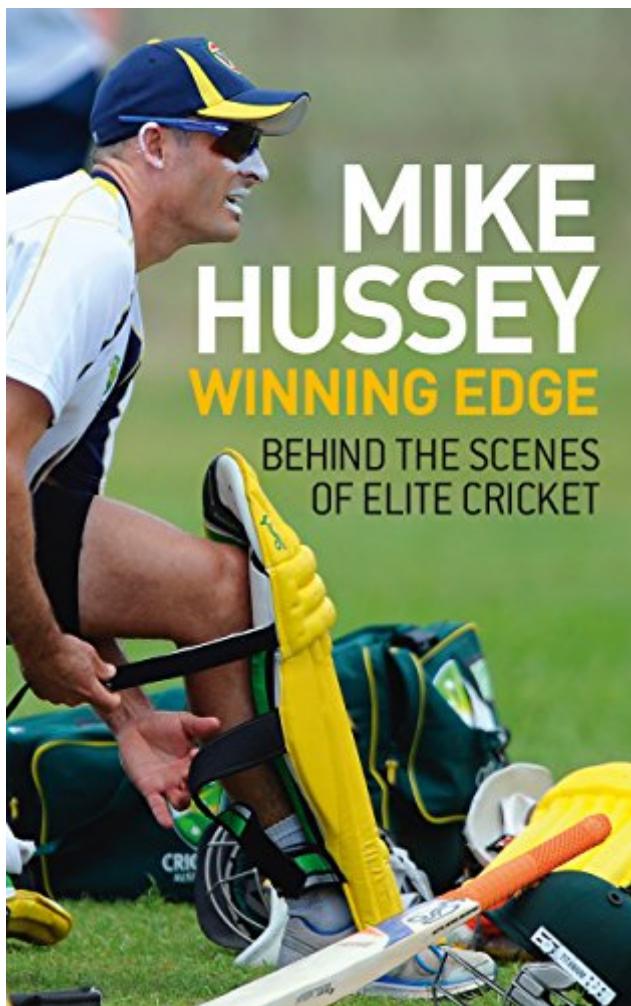


The book was found

Winning Edge: Behind The Scenes Of Elite Cricket



Synopsis

Winning Edge takes you inside the dressing room, onto the field and into the mind of one of Australia's best elite cricketers, Mike Hussey. In this behind-the-scenes look into the world of first-class cricket, Hussey reveals how he kept his mind on the game when the media chatter got too loud, what it's like when the Australian captain is also a selector, and how it feels to be the one to tell Mick Jagger he can't visit the Australian dressing room during a World Cup game. Hussey details his misgivings about how young players are handled, admits he has suspected corruption on the T20 field and expresses his concerns about how difficult it is to achieve a balance between the ideals of fair play and being successful in the world of hypercompetitive, business-oriented cricket. "I've seen so many players come and go, a scrapheap of talented cricketers who might have had a fruitful career had they been more aware and better prepared for the job than simply knowing how to play a good back defence or cover drive." Michael Hussey's *Winning Edge* is an unmissable account for anyone wondering what goes on in a player's mind beneath that baggy green.

Book Information

File Size: 603 KB

Print Length: 241 pages

Page Numbers Source ISBN: 174270896X

Publisher: Hardie Grant Books (November 2, 2015)

Publication Date: October 28, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B018X9DO2U

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #503,318 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12

in Kindle Store > Kindle eBooks > Biographies & Memoirs > Sports & Outdoor > Rugby #29

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Other Team Sports > Cricket #57

Customer Reviews

After reading all 3 of Mike's books, I think that this book is the one that is readable by a wider audience rather than just those that know about cricket. The various physical and mental training exercises that Mike talks about are really fascinating. A very good read.

Michael Hussey a great sportsman and a gentleman of the cricket world. His story is easily read, informative and entertaining

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